

FREE & LOW COST FOOD RESOURCES IN POWELL RIVER

- 1 Powell River Food Bank**
6812D Alberni St. (at the back)
(604) 485-9166
• Tuesday - Wednesday - Thursday 10am - 2pm

- 2 Community Resource Centre**
4752 Joyce Ave.
(604) 485-0992
• **Brunch** Monday 10:00am - noon
• **Coffee/snacks** Mon – Thu noon to 4:00pm

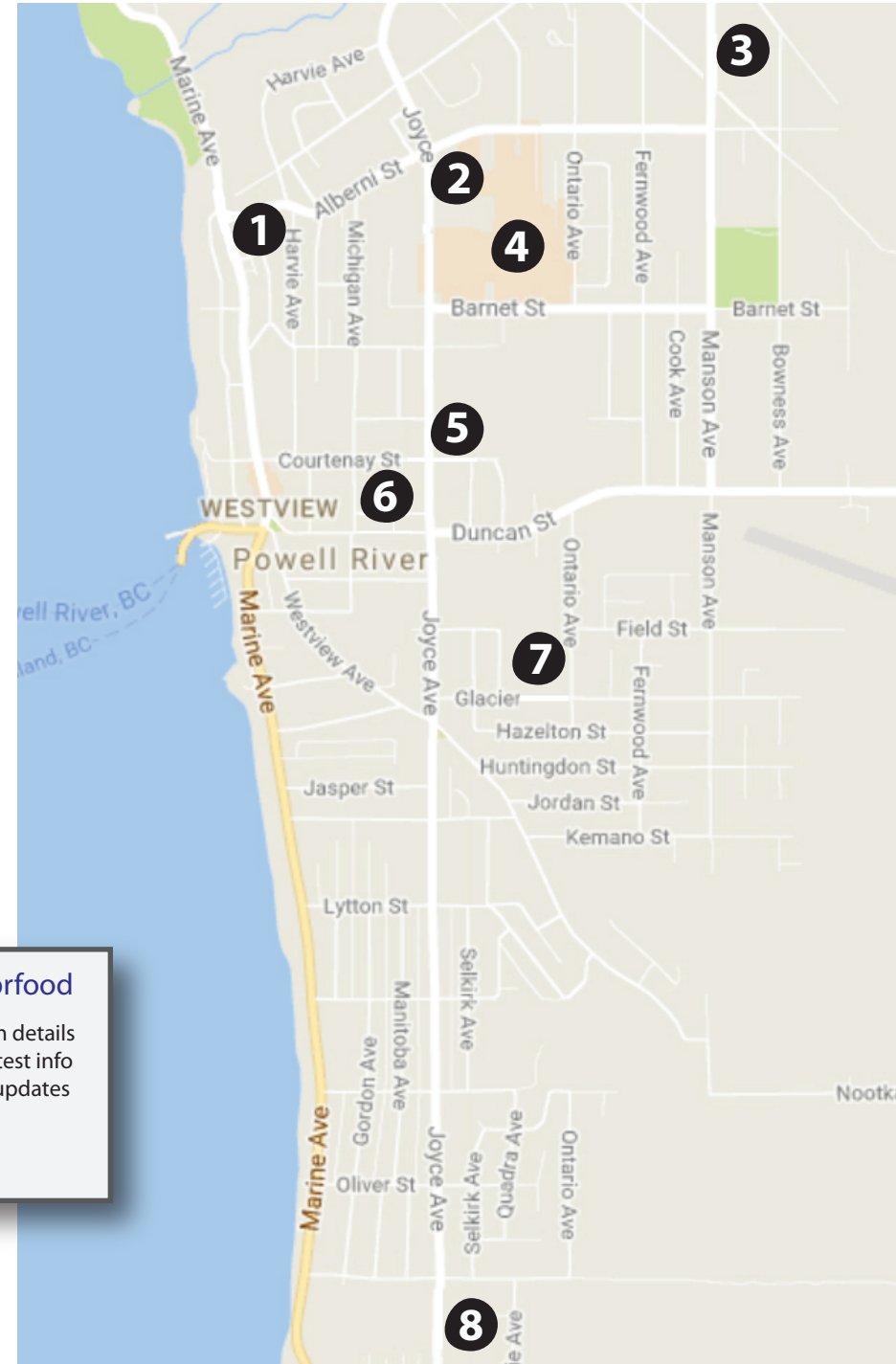
- 3 Seventh Day Adventist Church**
4880 Manson Ave.
(604) 485-7106
• **Soup lunch & food pantry** Tuesday & Thursday
noon - 1:30pm
• **Turkey Dinner**
Thanksgiving and Christmas Day - 1pm

prfoodsecurity.org

facebook.com/prfood

Information is accurate at the time of publication but program details do change. Please check with organizations directly for the latest info and help us to keep the resource useful by letting us know if updates are needed at jessica@prepsociety.org. Thank you!

February 2019



- 4 Powell River Family Place**
Town Centre Mall, Unit 2
(604) 485-2706
• **Soup lunch** for young families;
donations always welcome.
Thursday noon - 1:30pm
- 5 The Salvation Army**
4500 Joyce Ave.
(604) 485-6067
• **Coffee & Snacks** Monday & Friday noon - 2pm
• **Soup Kitchen** Wednesday 11:30am - 1pm
- 6 United Church**
6932 Crofton St.
(604) 485-5724
• **Spaghetti Dinner** Monday 4:30 - 6:30pm
October - May \$3/person, \$7/family, \$0 in need
- 7 Church of the Assumption**
7109 Glacier St.
(604) 485-5300
• **Soup Lunch** Friday noon - 1pm
- 8 Westview Baptist Church**
3676 Joyce Ave.
(604) 485-9607
• **Community Dinner** 3rd Friday 5pm - 7pm

FREE & LOW COST FOOD RESOURCES IN POWELL RIVER

	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm												
Monday	Community Resource Centre (CRC), 4752 Joyce Avenue Coffee & Snacks/Brunch from 10am-4pm						United Church, Crofton & Michigan 4:30pm-6:30pm, Oct-May Pasta Dinner \$3/person, \$7/family, \$0/in need															
			Salvation Army, 4500 Joyce Ave Coffee & Snacks 12pm-2pm																			
Tuesday	Community Resource Centre (CRC), 4752 Joyce Avenue Coffee & Snacks from 12pm-4pm						OTHER RESOURCES <ul style="list-style-type: none"> •Food Skills at the CRC Contact Dana 604-485-0992 or dana@prcrc.org •Food Skills for Families at Family Place Contact 604-485-2706 •Good Food Box Orders are expected early in the month. Good Food Box distribution is always on the second Wednesday of each month. Call 604-223-3265 or 604-485-2706 •Salvation Army Food Hampers Pick-up Monday & Friday by appointment only Call 604-485-6067 •Texada Food Bank Order Tuesday for pick-up Wednesday Call 604-486-7233 •Texada Food Hub A community food preservation commercial kitchen at Texada School in Van Anda. Text/leave message at 604-344-0999 or email texadafoodhub@gmail.com 															
	Food Bank, Powell River Action, Marine & Alberni 10 - 2			Seventh Day Adventist Church 4880 Manson Avenue Soup Lunch 12pm-1:30pm																		
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				Family Place, Town Centre Mall For families with children Soup Lunch 12pm-1:30pm																		
Friday	Salvation Army, 4500 Joyce Ave Coffee & Snacks 12pm-2pm																					
				Assumption Church Glacier Street Soup Lunch 12pm-1pm																		
Saturday																						